



Tibetan Democracy in Exile Marks 64th Anniversary with Celebratory Ceremony

- Namgail

DLIHE, October 6 — The 64th Anniversary of Tibetan Democracy in Exile was commemorated today with a formal ceremony attended by teachers, students, and esteemed leaders. The event began at 8:30 AM, with a gathering on the university grounds to sing the Tibetan national anthem. The ceremony was graced by the presence of University Principal Dr. Tenzin Pasang la and Tibetan Parliamentarian Dr. Rigdzin Lhundrup. The Tibetan flag was raised, symbolizing the resilience and unity of the Tibetan people in exile.

The celebrations continued at Akama Hall, where Professor Ngawang Gyatso, Director of the Democracy Department, addressed the audience, highlighting the significance of Tibetan Democracy Day. In his speech, Professor Gyatso emphasized the importance of preserving democratic values, which have been central to Tibetans since their exile in 1959. A key moment in the ceremony was a recorded address by His Holiness the Dalai Lama to the Tibetan Parliament. His Holiness spoke passionately about the importance of democra-



Unfurling the great flag of our country: TIBET

cy as a tool for both governance and cultural preservation. He also shared his hopes for peace and the continued unity of the Tibetan people.

The event also featured a musical performance by a group of teachers and students, who performed the “Song of Democracy,” an anthem celebrating the achievements of the Tibetan democratic system in exile. The ceremony concluded with a closing speech by University Principal Dr. Tenzin Pasang la, who stressed the role of education and unity in the survival of Tibetan culture. The event was hailed as a success, celebrating the enduring spirit of democracy among Tibetans in exile.

Alumni Scholars Inspire PhD Students at Dalai Lama Institute



DLIHE, September 7, 2024 — Three distinguished alumni, Dr. Sonam Gyaltzen, Dr. Lob-sang Nyandak, and Tsangthuk Stob, returned to the Dalai Lama Institute to share their PhD experiences with current students. The scholars, who were part of the institute’s first PhD batch, held a three-hour session offering insights into their academic journeys. On September 9, they addressed Tibetan faculty and students, with Dr. Sonam discussing Tibetan script writing, Dr. Lob-sang reviewing Chuzin Karpo, and Dr. Tsangthuk focusing on government script writing. The event concluded with a lively Q&A session, leaving students inspired and enriched by the shared knowledge. The scholars also attended the 59th Graduation Ceremony at Bangalore University, where they received their PhD certificates.

- Tenzin Chime

Celebrating Teachers’ Day: A Tribute to Dedicated Educators

DLIHE, September 5, 2024 — The Dalai Lama Institute marked Teachers’ Day with a heartfelt celebration, honoring the unwavering dedication of educators who have shaped the lives of countless students. The day, observed across India, commemorates the birthday of Dr. Sarvepalli Radhakrishnan, India’s former president, who in 1962 shifted the focus of his own birthday to recognize the critical role of teachers. This year, the student council organized a special evening program from 7 PM to 10 PM, featuring dinner, songs, and games in tribute to the tireless work of their teachers. The event provided students with an opportunity to express their appreciation for the mentorship and guidance they receive daily, both academically and personally. The celebration was a powerful reminder of the profound influence teachers have beyond the classroom. Through their patience and dedication, educators not only impart knowledge but also mold future leaders, thinkers, and compassionate individuals. Performances by students, including heartfelt speeches, songs, and expressions of gratitude, served as a testament to the impact teachers have on their lives.

Commerce and Management Department Hosts “Pick and Speak” Competition

- Jigmey Thinlay

DLIHE, September 20, 2024 — In a lively showcase of talent and knowledge, the Commerce and Management Department of DLIHE organized a “Pick and Speak” competition on Friday at 2:30 PM in the AA-KA-MA seminar hall. The event was designed to highlight the speaking skills and subject knowledge of commerce students, attracting participants from all commerce classes. Seventeen students competed in the event, facing off in a contest that progressed through three stages of increasing difficulty. The first round allowed each participant 30 seconds to think about a randomly chosen topic and one minute to speak on it. Eight students advanced to the medium-level round, where they were required to

speak for 90 seconds after 30 seconds of preparation. The final five contenders faced the hardest round, speaking for two minutes after a one-minute preparation time. Throughout the competition, students demonstrated their ability to articulate complex concepts, capturing the attention of both the audience and the judges. A panel of faculty members evaluated the contestants based on content, delivery, depth of knowledge, clarity of communication, and their ability to engage the audience. After a competitive process, Jigmey Thinlay, a third-year BCom student, took home first place for his insightful analysis and impressive delivery. Samten Dorjee, a first-year BBA student, secured second place with

his ability to explain diffi-

his closing remarks, Dr. Pas-



Students compete in the “Pick and Speak” competition, showcasing their knowledge and communication skills.

cult concepts clearly, while Pema Lhamo, a second-year BCom student, earned third place for her solid understanding of the subject and effective use of visual aids. The winners received their awards from Dr. Pasang la, Principal of DLIHE, who served as the chief guest. In

ang la commended the department for organizing such an engaging and educational event. He praised the participants for their outstanding performances and encouraged other departments to host similar activities to enhance students’ knowledge and communication skills.

DLIHE Hosts Successful Campus Tour for Bylakuppe Students

- Kalsang Phunchung

DLIHE, September 24, 2024 — The Dalai Lama Institute for Higher Education (DLIHE) welcomed students from Bylakuppe for an enriching campus tour that highlighted the institute's academic excellence, state-of-the-art facilities, and vibrant campus life. The visit aimed to inspire interest in pursuing further studies at DLIHE.

The tour introduced Bylakuppe students to DLIHE's 16

courses under the College Admission Program, providing a comprehensive overview of academic offerings. Participants enjoyed an autonomous campus experience, allowing them to explore the facilities and resources available to students.

In addition to academic introductions, the tour included a friendly basketball match, fostering camaraderie among participants. The students also experi-

enced a traditional Tibetan dance performance (Gorshey), promoting cultural exchange and unity.

The campus tour successfully achieved its objectives, fostering meaningful connections and sparking academic interest among the visiting students. DLIHE looks forward to future collaborations with Bylakuppe, further enhancing educational opportunities for all involved.



The tournament between DLIHE and TCV BYLAKUPPE

59th Annual Convocation of Bangalore University Celebrates Academic Excellence

- Pema Lhamo

Bangalore, September 10, 2024 — Bangalore University held its 59th annual convocation, celebrating the remarkable achievements of 31,383 graduates across various disciplines. The ceremony marked a proud moment for the university and its associated institutions.

A significant highlight of the event was the recognition of seven PhD scholars from the Dalai Lama Institute for Higher Education (DLIHE), who were awarded their doctoral degrees in Tibetan Studies. Five of these scholars—Tsewang Topla, Lob-sang Nyendak, Lobsang Ngod-

up, Kunchok Drema, and Sonam Gyaltzen—attended the ceremony to receive their degrees in person.

In addition to the doctoral degrees, 61 undergraduate students from DLIHE graduated with Bachelor's degrees in various fields: 29 in BA, 12 in BBA, 11 in B.Com, and 9 in BCA, showcasing the institution's diverse academic offerings.

The convocation also celebrated exceptional academic performance, awarding gold medals to 168 students for their outstanding achievements. Among the broader graduating class, 21,853 students graduated with

distinction, while 5,861 earned first-class honors, 1,289 received second-class degrees, and 603 graduated without classification.

The convocation address was delivered by UGC Vice-Chairman Deepak Kumar Srivastava, who inspired graduates with his words of encouragement. Karnataka's Higher Education Minister, Dr. MC Sudhakar, also attended, highlighting the importance of higher education in the state. A total of 140 PhD degrees were conferred during the ceremony, including those awarded to DLIHE scholars.

Commerce and Management Department Hosts Successful "Beginner's Guide to Trading"

- Pema Lhamo

DLIHE, September 21, 2024 — The Commerce and Management Department at the Dalai Lama Institute successfully organized a session titled "Beginner's Guide to Trading," held from 11:50 AM to 1:30 PM. The event featured expert speakers Mr. Ngawang Tenzin and Mr. Dawa Norbu, who provided valuable insights into the trading landscape.

The session kicked off with a clear distinction between trading and investing. Mr. Ngawang Tenzin emphasized the fundamental differences, explaining that while investing is geared toward long-term growth, trading focuses on short-term transactions to capitalize on price fluctuations. He stressed the importance of understanding risk and reward and maintaining a disciplined approach to decision-making.

Mr. Dawa Norbu then introduced key concepts of technical analysis, including price action and trend trading. He guided participants on identifying trends through support and resistance levels, which are crucial for determining potential entry and exit points. The speaker also explained various chart types, particularly candlestick charts, illustrating how green and red candlesticks indicate market movements related to supply and demand.

Additionally, Mr. Norbu introduced the white and black marubozu patterns, which signal strong trends or reversals, providing traders with potential opportunities. The session covered common chart patterns, such as head and shoulders, double tops, and triple bottoms, which can help identify trend reversals or continuations.

To enhance practical understanding, the speakers concluded the session with a demonstration of trading techniques, showcasing how to apply the discussed concepts to real-world scenarios. This practical application allowed participants to visualize trading setups and manage risk effectively.

Overall, the "Beginner's Guide to Trading" session was a resounding success, equipping participants with a valuable foundation in trading. The expert speakers conveyed complex concepts clearly and engagingly, making the session accessible to both beginners and those with prior knowledge. This event significantly contributed to the department's efforts to prepare students for navigating the dynamic world of finance.

DLIHE Launches Specialized 24-Hour Course "Design and Present"

- Rinzin Choekyi

DLIHE, September 18, 2024 — The Dalai Lama Institute for Higher Education (DLIHE) is set to launch an innovative 24-hour add-on course titled "Design and Present," aimed at equipping students with essential presentation and design skills relevant in today's professional environments. Organized by the BCA Department, the course will commence on September 18, with sessions scheduled for every Monday at 2:30 PM.

This comprehensive course will cover three key software platforms. Participants will be-

gin with Microsoft Word (8 hours), learning critical document creation techniques, including text and paragraph formatting, styles, templates, tables, and image insertion, with an emphasis on effective use of headers, footers, and citations. The second segment will focus on Microsoft PowerPoint (8 hours), where students will learn how to create and format professional presentations incorporating multimedia elements, transitions, and interactive features, alongside strategies for impactful delivery. The final segment will introduce students

to Free Template Software (8 hours), using popular tools like Canva and Prezi for hands-on activities to create customized templates and slides while applying best practices for effective design.

Registration for the "Design and Present" course is now open, providing an excellent opportunity for students to enhance their visual communication skills and become more adept in both academic and professional settings. The course will be taught by the esteemed Miss Rinchen Tso, ensuring a rich learning experience.



Scholars Lecture Series Highlights Tibetan Studies at DLIHE

- Lobsang Yangchen

DLIHE, September 24, 2024 — The Department of Tibetan Studies at the Dalai Lama Institute for Higher Education (DLIHE) organized a special Scholars Lecture Series, drawing an enthusiastic audience of around 100 students and faculty members from various disciplines. The event featured prominent speakers discussing significant aspects of Tibetan history and research methods.

Prof. Jampa Sampten delivered a compelling talk on the historical text “Tse-shu-De-Ki” by Genden Phordang, which has held importance from the time of the 5th Dalai Lama to the present-day exile government in India. His insights shed light on the text’s enduring relevance in Tibetan culture.

Another key speaker, Prof. Lobsang Dorjee Rambling, explored the rich history of translation in Tibetan literature, tracing its roots back to the 8th



Professors share their knowledge with students at our college.

century. He shared valuable information about his ongoing translation projects at the Central Institute

for Higher Tibetan Studies, providing a historical context to the evolution of this critical discipline.

Additionally, Prof. Penpa Dorjee offered a brief overview of modern research methodologies, highlighting the innovative approaches currently shaping Tibetan studies.

Dr. Tenzin Pasang, Principal of DLIHE, presided over the event, expressing gratitude to the guest speakers for their contributions and presenting them with mementos as tokens of appreciation.

The lecture series not only enriched the participants’ understanding of Tibetan history and research techniques but also fostered an engaging environment for academic discussion. The event served as a valuable opportunity for students and faculty alike to deepen their knowledge of Tibetan studies and connect with distinguished scholars in the field.

DLIHE Completes Successful Tally Certification Course

- Jigme Thinlay

DLIHE, September 26, 2024 — The Department of Commerce and Management at the Dalai Lama Institute for Higher Education (DLIHE) recently concluded its Tally Certification Course, held from August 26 to September 13, 2024. This intensive 30-hour program focused on Tally ERP 9 and Tally Prime, equipping students with essential skills in accounting and business management.

The course emphasized the practical application of Tally software, providing hands-on training in managing financial transactions, inventory, payroll, and taxation. Key topics included accounting with Tally ERP 9, inventory management, GST and taxation, payroll processing, and financial reporting. Students also received an introduction to Tally Prime and a comparative analysis with Tally ERP 9.

Using a blended approach of theory and

practical sessions, participants engaged in hands-on exercises and simulations, allowing them to apply their theoretical knowledge to real-world scenarios. To qualify for certification, students were required to maintain a minimum attendance of 85% and pass a final Tally Certification Exam held on September 17, 2024. The exam comprised a practical component worth 80 marks and a viva voce worth 20 marks.

On September 26, 2024, a certificate distribution event was held to recognize the achievements of those who successfully completed the course. Students who scored at least 50 marks in the final exam were awarded the Tally Certification.

The Tally Certification Course provided a valuable learning experience, enabling students to gain practical skills and theoretical knowledge vital for pursuing ca-

reers in accounting and business management.



Participants proudly displaying their certificates after completing the Tally Certification Course.

Job Readiness Session by Ms. Kalsang Wangmo Prepares Students for Career Success

- Kunchok Drema

On Saturday, September 7th, 2024, Ms. Kalsang Wangmo, Assistant Manager of Human Resources at TVS, led an insightful and interactive session on job readiness at Aa-Ka-Ma Hall. The session, organized to prepare students for the professional world, attracted a large number of attendees eager to learn the essential skills required to navigate today’s highly competitive job market.

The session began with Ms. Wangmo addressing the fundamental aspects of crafting an impactful resume. She emphasized the importance of tailoring resumes to specific job roles, explaining how customization can highlight a candidate’s most relevant skills and experiences. By providing examples of both effective and ineffective resumes, Ms. Wangmo helped students understand what hiring managers look for. She also pointed out common mistakes to avoid, such as using generic templates and failing to showcase achievements.

Ms. Wangmo further delved into professional email communication, a crucial yet often overlooked skill. She offered practical advice

on structuring professional emails, from subject lines to signatures, and explained the significance of tone and clarity in business correspondence. Her tips aimed to enhance students’ job applications, ensuring that their emails make a strong, positive impression on prospective employers.

In addition to these critical communication strategies, Ms. Wangmo introduced students to popular job portals such as Naukri, LinkedIn, and Indeed, offering a detailed walkthrough of how to create profiles, upload resumes, and search for job opportunities that align with their career goals. She highlighted the advantages of utilizing online platforms, such as networking with industry professionals and staying informed about new job postings. She encouraged students to leverage these resources actively, noting that building a professional presence online can significantly enhance job prospects.

The interactive nature of the session allowed students to ask questions, share concerns, and even discuss personal challenges related to job searches. Ms. Wangmo’s responses were both

practical and motivational, focusing on how students can remain persistent and adaptable in the face of challenges. She underscored the importance of staying updated with industry trends, developing new skills through online courses, and continually refining one’s professional profile.

A segment of the event was dedicated to mock interviews and real-time feedback. Ms. Wangmo demonstrated how to present oneself confidently during job interviews, offering advice on body language, tone of voice, and how to answer common interview questions. The students were given an opportunity to participate in short mock interviews, allowing them to experience real-world interview scenarios and receive constructive feedback on their performance.

Students left the session feeling more confident and better equipped to face the job market. Many expressed that Ms. Wangmo’s guidance gave them a clearer understanding of the hiring process and how they can stand out to employers.



Real-Time Trading Competition Sharpens Students' Financial Skills

- Pema Lhamo

The Department of Commerce and Management at the Dalai Lama Institute for Higher Education hosted an engaging Real-Time Trading Competition on September 27, 2024, at Tiger Hall. The event provided students with an opportunity to enhance their trading skills and gain practical experience in the financial markets. Aimed at beginners, the competition offered a hands-on platform to execute trades, manage risks, and analyze market dynamics. Participants were required to create virtual trading accounts on the FinVedas mobile application, starting with an initial capital of ₹10 lakh, and were tasked with making strategic investments in various financial instruments to maximize their profits. Through this immersive experience, students were able to familiarize themselves with trading terminology, different financial

markets, and the intricacies of market movements.



Students analyzing trades in competition.

After several rounds of competitive trading, Padma Skalzang secured first place, followed by Skalzang Choedon in second, Ngawang Chubsang in third, and Stanzin Kunkhen in fourth. The competition proved to be a valuable learning experience, offering students the chance to apply theoretical knowledge in real-world scenarios. By fostering a deeper understanding of financial markets, the event also contributed to promoting financial literacy among students, inspiring many to further explore the world of trading. The organizers commended the participants for their enthusiasm and strategic thinking, congratulating the winners on their outstanding performance. The competition concluded as a resounding success, highlighting the importance of practical exposure in shaping future business leaders.

Master Accounting from Zero” Launched with Inspiring Orientation

- Kunchok Drema

The Department of Commerce at the Dalai Lama Institute for Higher Education launched its much-anticipated add-on course, “Master Accounting from Zero,” on September 29, 2024, with an engaging Orientation Program.

The session was led by Sir Dawa Norbu, who provided an in-depth introduction to the course, emphasizing its practical applications in both personal and professional life. During the session, Sir Norbu explained how mastering accounting is not just essential for profes-

sionals but also valuable for individuals looking to enhance their financial literacy. He highlighted how a solid understanding of accounting principles helps individuals make informed decisions, manage personal finances effectively, and gain a clearer understanding of their financial situation. “Accounting is more than just a technical skill; it’s a tool for empowerment,” he stated, encouraging participants to view the subject as a way to take control of their finances, make smarter investments, and plan for their future financial goals.

The orientation set a positive tone for the course, leaving participants motivated to dive into the subject and unlock the potential benefits of financial literacy.

The course, designed for beginners with no prior experience, promises to provide a strong foundation in accounting, equipping learners with the skills to master the subject from the ground up. The session concluded with participants feeling inspired and ready to embark on their journey toward financial empowerment.

Dalai Lama Institute Launches Student On-Campus Jobs Program

- Pema Lhamo

The Dalai Lama Institute for Higher Education has launched the Student On-Campus Jobs Program, aimed at providing students with practical experience and essential life skills. The program fosters independence, leadership, teamwork, and enhances

employability by offering students part-time on-campus jobs, along with training and career counseling.

Participants gain confidence, improve academic performance, and build professional networks, making them more attractive to future

employers. The initiative is part of the institute’s commitment to developing well-rounded individuals ready to make a positive impact in their careers and communities.

Reflections on Kindness and Gratitude...

- Dr Supriya



The notion that no matter how kind or generous one is, it is impossible to satisfy an ungrateful person rings true. Despite our best efforts to show compassion, some individuals will overlook or undervalue our gestures. This can be disheartening, especially when we invest ourselves in helping others only to be met with indifference.

However, I’ve come to realize that true kindness

should stem from genuine intentions rather than a quest for validation. Our self-worth should not depend on how others acknowledge our efforts. Instead, fulfillment comes from knowing we’ve acted with kindness, regardless of whether it is reciprocated.

While it can be discouraging to encounter ungratefulness, it is vital to remain committed to kindness. Each

selfless act contributes to a more compassionate world. Ultimately, the satisfaction derived from giving is far more rewarding than any praise we might seek from those who fail to recognize our contributions. True kindness enriches our lives and strengthens our character, making it invaluable in our journeys.

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